





Call us: 94887 46666 | 94887 36666 | 76677 06666 Visit us: www.rockford-hosur.com Mail us : rockfordcbseschool@gmail.com www.my-little-rocks.com

ROCKFORDIAN WEEKLY DIGEST - 90

SCHOOL

Karnur & Madhakondapally Campus

2025-26

It's easy to mould a child rather than repair an adult. RockForD provides Rock solid foundation

Be a RockForDian

KG, I - IX & XI Good Infrastrucure.

Experienced Teaching staff.

Why Choose Us?

Fully equipped Science, Math & Computer Science lab.

Excellent Facilities for outdoor and indoor games.

Research and Development Centre.

YOUR KIDS DESERVE

> THE BEST **EDUCATION**

Madhakondapalli, Thally Road, Hosur

Visit us: www.rockford-hosur-com / www.my-little-rocks.com Instagram: my-little-rock123 Mobile No: 9488756666, 9488736666.







Committed to Excellence

Affiliated to Central Board of Secondary Education

Call us: 94887 36666 / 94887 46666 / 76677 06666

Mail us: rockfordcbseschool@gmail.com

Visit us: www.rockford - hosur.com www

www.my-little-rocks.com

NO ADMISSION FEES FOR KINDERGARTEN AT KARNOOR CAMPUS

YOUR KIDS DESERVE

THE BEST EDUCATION



Why Choose us?

Good Infrastructure
Experienced Teaching Staff
Fully equipped Science, Math &
Computer Science Lab.
Excellent Facilities For Outdoor and
Indoor Game.
Research and Development centre.

Cell: 9488736666 / 9488756666

Madhakondapalli, Thally Road, Hosur. Visit us: www.rockford-hosur.com www.my.little-rocks.com / instagram: my_littel_rock123







Number Names

Class: I Subject: Tamil

Students participated in a project to learn how to write numbers in words, such as "one," "two," and "ten." This activity helped them understand the connection between numbers and their word forms. boosting both numeracy and language skills. They practiced spelling and number words correctly, which reinforced their vocabulary and writing abilities. Using number names in sentences and made the learning meaningful stories contextual. Additionally, writing number names in language development supported improved spelling accuracy.

















Sorting Healthy and Junk Food

Class: I Subject: EVS

In this activity, children work together to sort a mix of food items into two groups—Healthy Food and Junk Food. They discuss each item, deciding whether it helps the body grow or it is just a tasty treat. Healthy foods like fruits, vegetables, milk and grains are placed in one group. Junk foods like chips, chocolates and sugary drinks go into the other. This fun and interactive task helps children understand the difference between nutritious and less healthy options. It also builds their decision-making, sorting skills and awareness of making better food choices.







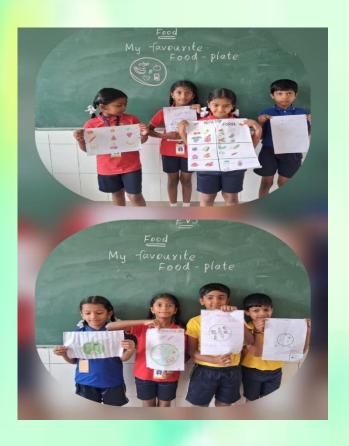
Measurement of Length

Class: II

Subject: Mathematics

Students of class 2 explored non-standard units of length by measuring objects like the board, classroom floor, wall, table and books using everyday items. This hands-on activity made learning fun and meaningful as they actively engaged in the process. They compared different lengths and understood how measurement works in real life. Through this experience, they noticed that different results could occur with non-standard tools. This led to discussions about the need for accuracy in measurement. As a result, they learned the importance of using standard units for consistent and reliable results.





FOOD

Class: II Subject: EVS

Students learned about Diet and types of food groups (i.e) energy-giving, body-building and protective foods and their nutrients such as carbohydrates, fats, proteins, vitamins and minerals. They understood the importance of healthy eating habits and how to maintain good health. Students also became aware of unhealthy foods and their harmful effects. As an activity, they drew their favorite healthy foods and shared how these foods help them stay strong and active.







Money

Class: III

Subject: Mathematics

Students of class III actively participated and learned to identify currency notes. Using dummy notes they were able to count money, add different values of money and also learned subtraction. Students knew the different denominations of money and their values. They realized the value of saving money for the future.















Pudding Poem

Class: III Subject: Tamil

As part of a creative writing and culinary arts project, a student composed a poem about pudding, using rich sensory language to describe its taste and texture. Phrases like "sweet and creamy" and "silky smooth" evoke the comforting feel and flavour of pudding, while lines such as "flavours dance with joy" creatively connect food to emotions. This activity encouraged the student to express feelings through descriptive words, enhancing both language skills and imagination. By focusing on the sensory experience, the poem beautifully captured the warmth and delight associated with enjoying pudding.







Fraction Walk

Class: IV

Subject: Mathematics

Fractions are very important for kids because they are used in everyday activities like cooking, telling time and sharing food etc.. Understanding fractions helps children to measure ingredients for recipes, understand concepts like "half an hour" and learn how to divide things equally. This makes learning math more meaningful and builds their problem-solving skills. Here our students of class IV have learnt types of fractions and to convert fractions through finding "perfect pair" activity.





Mapping and Drawing Natural Resources

Class: V

Subject: Social Science

- > Students actively participated in identifying and mapping natural resources.
- ➤ Students showed creativity in drawing and labelling natural resources.
- ➤ Students will understand the different types of forests, their characteristics and distribution.
- Students will develop mapping and drawing skills and learn to identify and describe forest ecosystems.
- Students will analyse the importance of forests and their impact on biodiversity and climate.







Naalvagai Nilangal

Class: VI Subject: Tamil

Kurinji, Mullai, Marutham and Neithal - mountains, forests, fields and coastal regions - the four main types of landscapes that shape different cultures and lifestyles as explained and demonstrated by the students of class 6 that turned to be a good learning experience for everyone around citizens.





Role- Play- The Beginning of Indian Civilisation

Class: VI

Subject: Social Science

Students will understand the challenges and responsibilities of governing a region. Students will analyse the historical context of rural governance and its impact on society. This activity prepares students to engage with civic issues and make informed decisions.

By conducting this role-play activity, students can gain a deeper understanding of the complexities of governance and develop essential skills for civic engagement.

Role-play allows students to think creatively and make decisions within a historical context.







Food Pyramid

Class: VI

Subject: Biology

This activity helps students understand the different food groups and their role in maintaining a balanced diet. They learn to classify foods correctly and identify healthy eating habits. Through discussion and hands-on tasks, students gain awareness of how each food group contributes to health. They also understand the importance of making balanced food choices for overall well-being.



Meri Ma India

Class: VI Subject: Hindi

Under the topic "Meri Ma India", children learned about the great leaders who helped shape our nation's progress and development. They wrote in their own words about inspiring figures like Mahatma Gandhi, Dr. B.R. Ambedkar and Jawaharlal Nehru. Through this activity, they expressed pride in their country and deep respect for its leaders. It helped them understand the values of courage, truth and service. The activity encouraged patriotism and a sense of responsibility towards the nation.







Speech about Women's Strength Class: VII

Subject: Social Science

In this activity, students explored the achievements of women who have made a positive impact on society. They learned about the challenges these women faced and how they overcame them with strength and determination. By sharing their thoughts, students developed confidence and improved their public speaking skills. The inspiring stories helped students connect personally, encouraging them to set goals and make a difference. They also gained a deeper appreciation for the diverse roles and contributions of women throughout history.





Non-Working Model of Heart

Class: VII

Subject: Biology

Students observe the structure of the heart, identifying its four chambers and main blood vessels. Understands the basic anatomy of the heart. Differentiates between oxygenated and deoxygenated blood flow. Learns how the heart functions as a double pump (though model is non-working).







Flower Arrangement

Class: VII Subject: Tamil

As part of an art and language project, a student composed a poem celebrating the beauty and elegance of flower arrangement. The poem captured the colors, patterns and harmony created through carefully placed blooms. It reflected the student's creativity and appreciation for nature's artistry. Through this activity, the student expressed emotions and ideas using poetic language. It also enhanced their sense of design, expression and aesthetic appreciation.





Square and Square Roots

Class: VIII

Subject: Mathematics

Squares and square roots include defining perfect squares and square roots, calculating squares and square roots of numbers using various methods (like factorization or long division), understanding the relationship between squaring and finding the square root, estimating the square root of non-perfect squares and applying these concepts to solve problems, particularly in geometry and word problems.







Cube and Cube Roots

Class: VIII

Subject: Mathematics

Cube and cube root learning outcomes include defining perfect cubes and cube roots, identifying patterns in cube numbers, calculating cubes and cube roots using prime factorization and estimation and applying these concepts to real-world problems, particularly relating them to the concept of volume.







Map

Class: VIII

Subject: Social Science

Students will develop their map- reading and labelling places on a map.

By analysing the map, students can infer the reasons behind the revolt's spread or decline in certain regions.

Students will accurately label key locations, events and figures associated with the revolt on a map.

Students can create a legend or key to explain the symbols or colours used on the map to represent different aspects of the revolt.







Experiential Learning

Class: XI & XII
Subject: Science

Activity: Experiential learning from (Nano Science Research Centre) IISc visit.

The purpose of the visit was to expose students to advanced research facilities and ongoing work in the field of Nano science and nanotechnology, enhancing their understanding of how theoretical concepts are translated into real-world applications.

The visit proved highly beneficial.

Some of the key takeaways:

The complexity and precision involved in fabricating nanoscale devices: students appreciated how even small errors in lithography or deposition can lead to device failure.

Realization of the multidisciplinary nature of Nano-science: combining physics, chemistry, material science, electrical & mechanical engineering.

Importance of characterization: how different instruments complement each other (e.g. structural via **XRD**, imaging via **SEM**, performance via electrical tests).

Understanding infrastructure, safety, cleanliness requirements and time scales involved in research.

The trip to **CeNSE**, **IISc Bangalore**, was extremely enriching. It exposed students cutting-edge infrastructure, research culture, and the kind of rigor required for scientific work at the Nano scale. Students left more informed, inspired and better equipped to think about careers in research and development. Such visits are invaluable in bridging the gap between textbook learning and real-world scientific innovation.

























Saraswathi Pooja

Our school conducted the Saraswathi Pooja program on 2nd October 2025 with great devotion and joy. Parents participated in the pooja and took part in the celebrations with enthusiasm. On this special occasion, many parents also enrolled their children in Pre-KG and LKG. It was a blessed day and everyone felt the divine presence of Goddess Saraswathi. Parents expressed their happiness and satisfaction in becoming a part of our school community.









Emergency Mock Drill

An Emergency Mock Drill was conducted in our school on o8/10/2025, to educate students and staff on emergency response and evacuation procedures. The drill aimed to test the preparedness and awareness of everyone in case of fire or natural disaster. All participants followed the instructions calmly and evacuated the premises in an organized manner. The drill successfully enhanced safety awareness and ensured readiness for real-life emergencies.





Library Quiz Competition

The Library Quiz Competition was held on 8th October 2025.

The four houses—Rock Warriors, Rock Legends, Rock Defenders and Rock Conquerors—participated actively and showcased their knowledge.

Students answered enthusiastically and made the event a great success.

In the junior category (Classes III–VI), Rock Defenders emerged as the winners, while in the senior category (Classes VII–IX & XI), Rock Legends secured the victory.

The school management appreciated all the participants for their excellent performance and team spirit.







Parent-Teacher Meeting

The Parent-Teacher Meeting was held today, where parents visited the school to discuss their children's academic performance. Teachers shared detailed feedback on each student's progress, strengths and areas for improvement. Parents had the opportunity to ask questions and understand how they can support their child's learning at home. The meeting helped strengthen the connection between parents and teachers. Overall, it was a productive session focused on the students' growth and success.

