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## ROCKFORDIAN WEEKLY DIGEST – 81



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# SCHOOL ADMISSION

Karnur & Madhakondapally Campus

# 2025-26

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For**

**KG, I - IX & XI**

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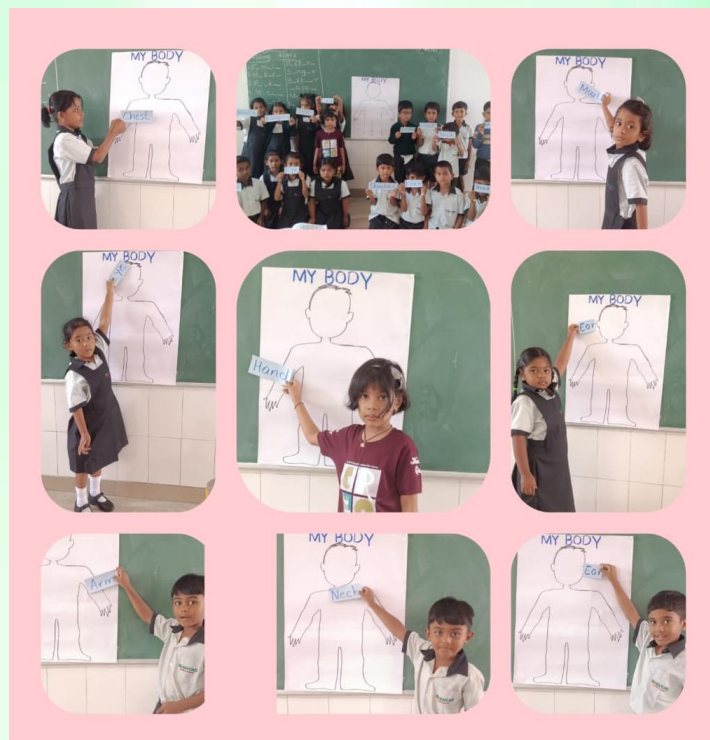


## My Body

**Class: I**

**Subject: EVS**

In this interactive activity, students will use a diagram of the human body to learn and label different external body parts. Each student points out each body parts using vocabulary cards it helps them to improve their vocabulary skills, for (e.g., head, arm, hand, leg, foot, eye, ear, nose, mouth), and also this activity reinforces spatial awareness, and helps students visualize where body parts are located. It also encourages fine motor skills through writing or sticking labels.



## Uses of Five Sense Organs

**Class: II**

**Subject: Tamil**

The students of grade 2 had a fun filled session making and flying kites as a part of class activity, boosting their creativity, patience and team spirit.



## Healthy and Unhealthy Food

**Class: II A**

**Subject: EVS**

Students actively participated in the sorting game and discussion, where they learned to identify healthy and unhealthy food items through pictures and hands-on activities.

The objective was to help them develop awareness of good eating habits.

The students enjoyed the session and showed good understanding by the end of the activity.



## Saka Calendar

**Class: IV**

**Subject: History**

The Saka calendar activity was very engaging and an informative experience for students. They actively participated and learned about the origin, features, and importance of the saka calendar. Through this activity, students understood how months and years are calculated in the saka system and how it is connected to Indian culture and history. The activity encouraged curiosity, critical thinking, and helped make the concept of calendars more meaningful and interesting for them.



## Contextual Learning

**Grade: V**

**Subject: Mathematics**

Contextual learning is a teaching and learning approach that helps students connect new information to their prior knowledge and real-world experiences. Here our students of class V have learnt to fill deposit Challan by using number system, addition and multiplication.



## Picture Talk: Value that Build Us

**Class: V 'A'**

**Subject: History**

Discussing about the values of "India's Material Heritage".

Students stuck some material heritage pictures in chart and write few lines about it. Then they explained about their picture in the classroom individually. This improves the students speaking skill.



## Picture Talk: Value that Builds Us

**Class: - V 'B'**  
**Subject: History**

Students were divided into small groups. Each group stick the pictures on chart and explained the values of the "India's Material Heritage". This improves the students Teamwork and Speaking skill.



## Picture Talk - Value that Build Us

**Class: VI**  
**Subject: Social**

Students collected some of "India's Cultural pictures from old newspapers, magazines, and printed pictures. They stuck the pictures on chart paper and write a few lines about the values of the culture. Then they explained to the class about their picture individually. This improves the speaking and presentation skills of the students.



## Making of the Classroom Constitution

**Class: VIII**

**Subject: Civics**

Students were divided into two groups. Each group present their Rules. Groups respond to each others argument. Groups asked questions to clarify or challenge each other points. Each group summarized their arguments. This improves the students debating skills such as Argumentation, Rebuttal and Cross examination.



## 11<sup>TH</sup> INTERNATIONAL YOGA DAY

The International Day of Yoga (IDY) 2025 marks a significant milestone, the 11th anniversary of this global celebration. Under the theme “Yoga for One Earth, One Health,” this year's observance highlights yoga's vital role in promoting holistic well-being and environmental harmony. Over the past decade, IDY has evolved into a worldwide movement, uniting millions in the practice of yoga to enhance physical, mental, and spiritual health.

Rockford celebrated the International Yoga Day with great pomp and fanfare. Students and teachers participated enthusiastically in performing the different asanas and through guided meditation. They were told about the benefits of yoga and as well as to spread the awareness to their parents, relatives and friends so that they too know the importance of maintaining their physical and mental well-being by performing regularly.







