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## ROCKFORDIAN WEEKLY DIGEST – RWD 63

# SCHOOL ADMISSION

Karnur & Madhakondapally Campus

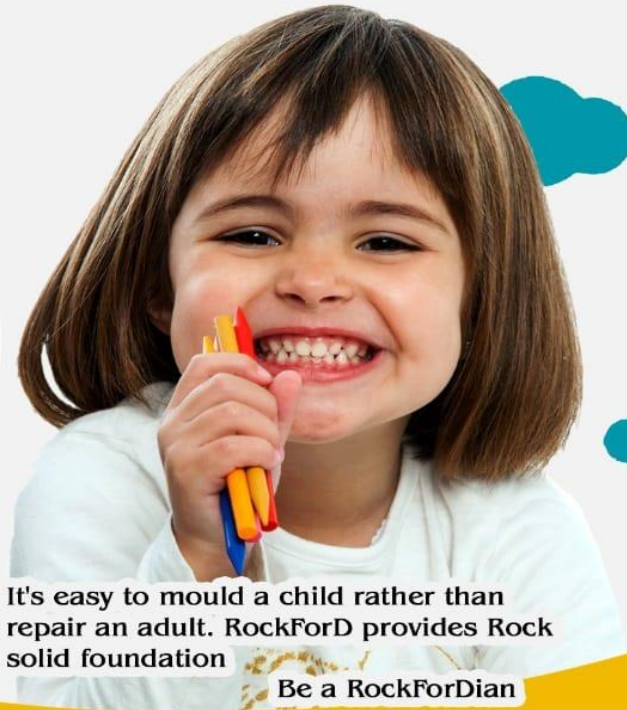
# 2024-25

Open  
For

KG, I - IX & XI

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KIDS  
DESERVE**

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EDUCATION**



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To begin with the end in mind means to start with a clear understanding of your destination. It means where you're going so that you better understand where you are now so that the steps you take are always in the direction of RockForDian's.

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## RACE THE UNIQUE

- \* IDENTIFYING THE CHILD'S POTENTIAL
- \* FOCUSING EVERY INDIVIDUAL
- \* LEARNING ON DAILY BASIS

## OPEN FOR ALL

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#### STRUCTURED TEACHING

- ENVIRONMENT WITH MULTIPLE OPPORTUNITIES FOR STUDENTS
- EXPERIENCED FACILITATORS
- TYPICAL LEARNING PLANS FOR INDIVIDUAL CHILD
- REALTIME CLOSURE OF LEARNING GAPS
- RACE IS NEP - COMPLIANT

*If you don't go  
after what you want  
you will never have it*

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IN THREE INSTALLMENTS

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COURSE

FOR NEET & JEE

JEE MAIN

JEE (MAIN + ADVANCED)

NEET - UG

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#### VENUE:

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AIR 100

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TAMIL NADU



Ms. ANSHU BENTA, IAS  
AIR 120

2020-2021  
TAMIL NADU



Ms. E. & SHIKSHA VELLU, IAS  
Asst. Commissioner of  
Income Tax  
AIR 108

2019-2020  
TAMIL NADU



Ms. S. SHIVALI, IAS  
Assistant Collector  
Erishan, K.P  
AIR 104

2018-2019  
TAMIL NADU



Mr. H. HARSH PRASHAD, IAS  
Assistant Superintendent  
of Police, Madurai  
AIR 128

2018-2019  
TAMIL NADU



Ms. S. SHIVALI, IAS  
Sub. Collector,  
Pudukkottai  
AIR 109

2017-2018  
TAMIL NADU



Mr. S. SHIVALI PRASHAD, IAS  
Deputy Commissioner,  
Greater Chooli Corporation  
AIR 101

2016-2017  
TAMIL NADU



Mr. M. PRATHAP, IAS  
Corporate Commissioner,  
Calicut  
AIR 21

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TAMIL NADU



Ms. SHARMILA, IAS, IAS  
Deputy Secretary to Government,  
School Education Department  
AIR 7

2015-2016  
TAMIL NADU



Mr. Dr. K. KISHANATHAL, IAS  
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Tiruchirappalli  
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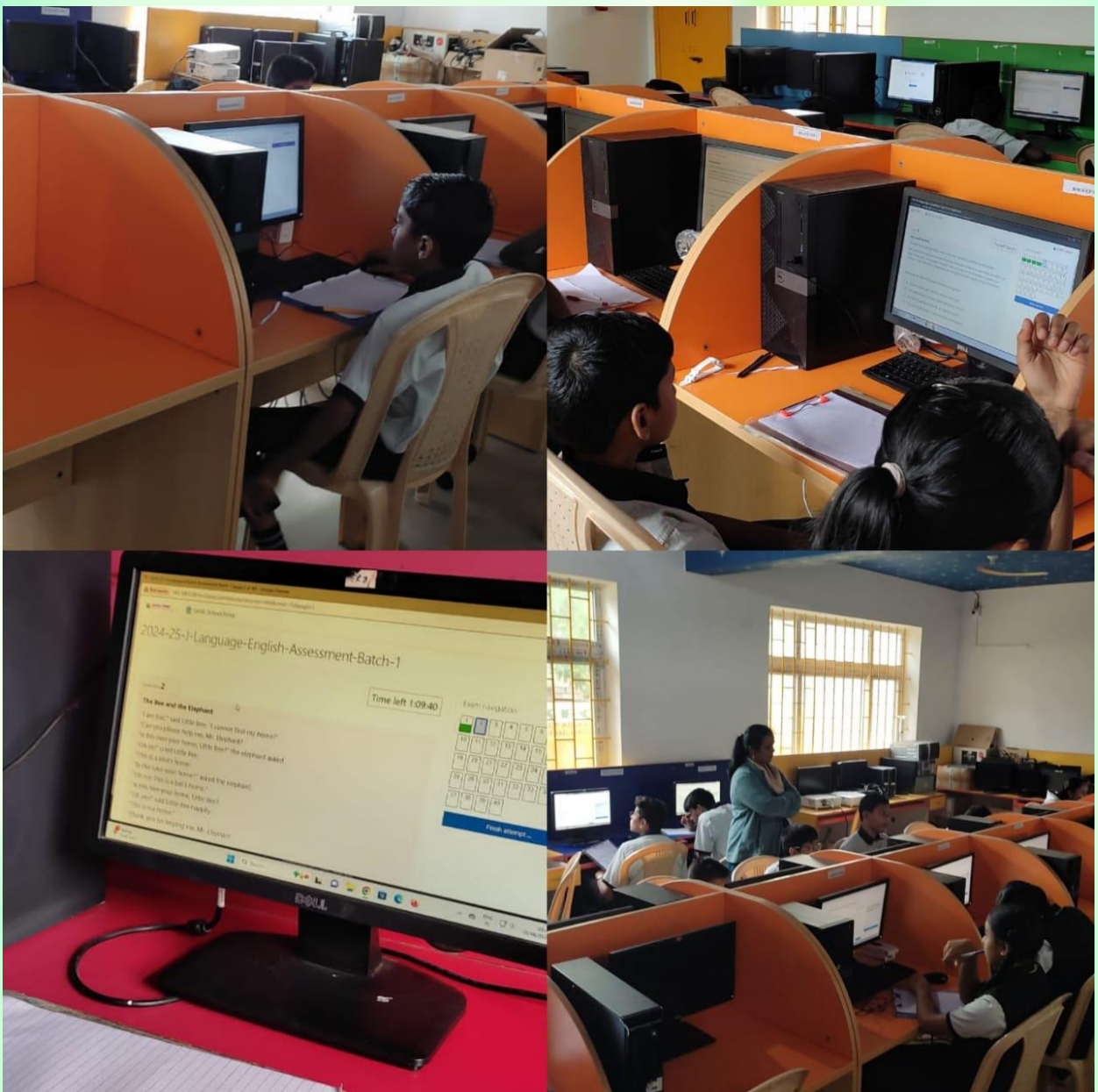
RockForD International Kindergarten School,  
Karnur, Hosur, Krishnagiri District, Tamil Nadu - 635 109.

## **“BLAZE A TRAIL” –SAFAL (Structured Assessment for Analyzing Learning) “BLAZE A TRAIL – ONLINE EXAM SYSTEM BEGINS...”**

RockForDians entered the "Online Exam for Students" by utilizing SAFAL 2024. "Insight into the effectiveness of teaching practices and curriculum" is what the SAFAL exam aims to deliver. SAFAL evaluation complies with NEP (2020).

Rather than focusing on rote memory, SAFAL is designed to evaluate student's comprehension and application of concepts. SAFAL emphasizes "competency-based assessment" in Science, Math, and English courses. Students in grades 6 are subjected to its implementation.

We RockForDians began administering SAFAL examination for the areas of Science, Maths and English on July 13 to August 5 by splitting the students into two batches.



SO



CUTE

## Good Health Starts with Good Food

**Class: I**

**Subject: EVS**

We need healthy food to keep ourselves fit. Furthermore, healthy food is also very delicious as opposed to popular thinking. Nowadays kids need to eat healthy food more than ever. We must encourage good eating habits so that our future generations will be healthy and fit. Here our cutie pies of Class - I have brought Healthy food to class and have shared their benefits.

## Fresh and wholesome, every bite counts

**Class: I**

**Subject: EVS**

Fruits are high in vitamins, minerals and fibre and children should be encouraged to eat a wide variety – there is a rainbow of colours to choose from. Here our little Rockfordians of Class - I have brought fruit salads, shared with their friends and have shared few points about their benefits.



## Experiential Learning

**Class: I & II**

**Subject: Mathematics**

A good learning experience focuses on being authentic, interactive, and collaborative to enhance engagement and improve knowledge retention. Here our tiny tots of I and II kids visited a Nursery at Agalakottai to get a real-time experience about the plants. Children had a wonderful learning experience and were full of excitement to see such different species of plants. They have shared the importance of plants in our lives and the importance of growing trees. The Edu-Trip was a great success and a memorable experience for the little ones.



## Let's Flock Together

**Class: II**

**Subject: Tamil**

Birds give us clues about the health of the environment. Students are instructed to collect the feathers of birds to identify its parts for the lesson. Through this activity they have learnt about the significance of different feathers



## Role - Play

**Class: II**

**Subject: Kannada**

The potential learning outcomes are

### 1. Communication Skills:

- Improved verbal and nonverbal communication
- Enhanced active listening and empathy

### 2. Problem-Solving and Critical Thinking:

- Developed analytical and creative problem-solving skills

### 3. Collaboration and Teamwork:

- Improved ability to work effectively in team
- Improved understanding and appreciation of diverse cultures and perspectives
- Enhanced ability to work effectively in diverse teams and environments. These learning outcomes can be tailored to specific role-play activities and goals, and can be used to assess student learning and development.

## Learning by Doing

**Class: II**

**Subject: EVS**

Active learning makes things more exciting because they have to do things themselves. Here our students of Class - II have drawn the picture of Human Skeletal system and have learnt bones give shape to the body and it protect the internal organs like brain, heart and lungs and it is our responsibility to keep the bones fit and healthy.





## Learning by Doing

**Class: III**

**Subject: EVS**

Activity based learning create much interest in the students as they do things themselves. Here our students of Class - III have drawn the picture with the mixture of an art for a Human Digestive system. Through this activity students learnt about the breakdown of food into simple nutrition such as carbohydrates, fats and proteins. This nutrition is used in their life to provide energy and growth.

## Role- Play

**Class: III**

**Subject: Mathematics**

The purpose of doing a Role - Play is to increase the level of understanding the concepts in a better manner. Students get trained to take initiatives and to be creative. Through this activity they have learnt to solve problem-based questions on the chapter 'Division' according to the content of the story discussed.



## The Choices You Make Today Will Be Your Biography Tomorrow

**Class: IV**

**Subject: Hindi**

A good biography presents the facts about a person's life including what the subject did and how he or she made a difference in the world. Through this activity, students have learnt to describe the freedom fighter Tilak's life history and his role in the Indian Independence Movement and they understood and appreciate his ideology.



## Mathematics Is the Most Beautiful and Most Powerful Creation of the Human Spirit

**Class: VI**

**Subject: Mathematics**

Geometry is all around us — it is inherent in nature and mirrored in the human body. The “perfect posture” strived for in Yoga is tied to the geometric balance within the body, manifesting the beauty of symmetry.



## Mind without Fear

**Class: V**

**Subject: English**

Debate participation promotes problem solving and innovative thinking, and helps students to build links between words and ideas that make concepts more meaningful. The enormous effort that students put forth to succeed in this intellectually exciting activity is truly inspiring. Here our Rock stars of the classes - VII, VIII & IX have participated in a debate as "Supporters, Opposes, Criticizers and Questioners" for the topics,

1. Has technology change the way of the people spend their leisure time?
  2. Online vs Offline shopping.
  3. Is an Internet making us foolish or prudent?
- Such activity develops their critical thinking skills and it boosts their level of confidence.



## Creative Skill

### Cry Until You Run-Out of Tears !

I looked up the sky,  
The clouds seemed to cry!  
They started turning pale,  
Then I questioned them after a while!

Why are you crying?  
It said, I can't hold my tears,  
And bear the wait for years!  
Well, I said,  
Cry until your tears are dried up!  
So, when you stop crying,  
People feel happy with a sigh,  
And their moods turn high!

Then,  
The clouds turned bright,  
And floated at great height!  
Then I questioned them after a while!

How do you feel?

It said, 'Great after a cry!'

-Krithika.B  
X A



### "Spark Within"

A spark within you, waiting to shine,  
Believe in yourself, make it divine!  
Embrace challenges, learn and grow,  
Your dreams are possible, don't let them go!

You are strong, capable, and bright,  
Make your mark, shine with all your light!  
Hold your head high, be bold and true,  
Your future is yours, waiting for you!

-Priyadharshini R.K  
X A



## YOGA

**Akarna Dhanurasana**, also known as the Archer's pose or Shooting Bow pose, is a yoga pose that has many benefits:

**Strengthens:** Arms, shoulders, thighs, calves, and core

**Improves flexibility:** Spine, hips, groins, chest, neck, and shoulders

**Tones:** Abdominal muscles

**Improves digestion:** Massages abdominal organs like the stomach, intestines, and liver

**Other benefits:** May help straighten a hunched back and drooping shoulders, improve body posture, manage chest ailments, relieve kidney related dysfunctions, ease constipation, and decrease menstrual pain



**Supta Vajrasana**, or Reclined Thunderbolt Pose, is a yoga variation of the sitting Vajrasana pose. It has many potential benefits, including:

**Improved circulation:** Increases blood flow to vital organs like the liver, kidneys, and pancreas

**Stronger muscles:** Strengthens the neck, back, and chest muscles

**Improved flexibility:** Stretches and tones the lower body

**Improved digestion:** Activates the large intestine and can help relieve constipation

**Reduced pain:** May help with menstrual pain, abdominal cramps, and pelvic pain

**Reduced stress:** Can relieve tension and stress in the hips, knees, thighs, ankles, and pelvic area

# Live Interactive Class (Phygital Model)

myPAL Phygital is a hybrid Education Platform solving the Problem of Quality and Affordable Test Prep Programs.

It brings a change in the platform of usual learning method. The Programme is introduced by the Chairman, who always have an optimistic approach in adopting different methods of learning. Mr. Kannan, the director, explained the importance of Competency based education to the parents and the children. The session showcased effective strategies for personalised learning and skilled development. The students actively participated and showed great interest in the innovative approach.



## MYSTERY CHAMBER

6	3
9	7

1	4
2	7

2	4
8	3

3	6
?	6

## WEEKEND READING

### Chandrashekar Azad

चंद्रशेखर आज़ाद एक प्रमुख भारतीय स्वतंत्रता सेनानी थे, जो ब्रिटिश औपनिवेशिक शासन के खिलाफ अपने दृढ़ देशभक्ति और प्रतिरोध के लिए जाने जाते थे। उनका जन्म 23 जुलाई, 1906 को मध्य प्रदेश के भावरा में हुआ था। आज़ाद ने कम उम्र में ही क्रांतिकारी गतिविधियों में शामिल हो गए और हिंदुस्तान सोशलिस्ट रिपब्लिकन एसोसिएशन (HSRA) के प्रमुख सदस्य बने। उन्होंने "आज़ाद" उपनाम अपनाया, जिसका अर्थ है "स्वतंत्र," और कभी भी ब्रिटिशों द्वारा जीवित पकड़े न जाने की कसम खाई। अपनी प्रतिज्ञा के अनुसार, 1931 में इलाहाबाद के अल्फ्रेड पार्क में जब ब्रिटिश पुलिस ने उन्हें घेर लिया, तो उन्होंने गिरफ्तारी से बचने के लिए खुद को गोली मार ली। उनकी बहादुरी और बलिदान स्वतंत्रता संग्राम में पीढ़ियों को प्रेरित करता है।

### Chandrashekhar Azad

Chandrashekhar Azad was a prominent Indian freedom fighter known for his fierce patriotism and resistance against British colonial rule. He was born on July 23, 1906, in Bhavra, Madhya Pradesh. Azad joined the revolutionary activities at a young age and became a key member of the Hindustan Socialist Republican Association (HSRA). He adopted the last name "Azad," meaning "free," and vowed never to be captured alive by the British. True to his word, when surrounded by British police in 1931 at Alfred Park, Allahabad, he shot himself to avoid arrest. His bravery and sacrifice continue to inspire generations in the struggle for independence.

